

29 June 2021

Restrictions in Queensland Update

Restrictions in Queensland update – 3-day lockdown

Queensland Health is continuing to actively respond to the declared public health emergency in relation to COVID (19).

In addition to the [Restrictions for Impacted Areas Direction \(No.4\)](#), from 6pm Tuesday, 29 June 2021 until 6pm Friday 2 July, a lockdown will be in place for the following the following LGAs as per the [Restrictions in Queensland update – 3 day lockdown](#):

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| • Noosa | • Gold Coast |
| • Sunshine Coast | • Scenic Rim |
| • Ipswich | • Lockyer Valley |
| • Logan | • Somerset |
| • Redlands | • Townsville City |
| • Moreton Bay | • Palm Island Aboriginal Shire |
| • Brisbane | |

Anyone in the affected LGAs will be required to **stay at home except for essential reasons**, including:

- obtaining essential goods or services, including healthcare (including vaccinations)
- exercise
- attending essential work or childcare
- assisting vulnerable persons

These arrangements are intended to limit the further spread COVID-19 and allow an assessment of risk of further exposure in the community. Decisions regarding the public health response, and the impact that this may have on essential healthcare are made by the Chief Health Officer to ensure the continued safety of Queensland communities.

Restrictions South East Queensland, Townsville City (including Magnetic Island) and Palm Island

All allied health professionals, working in the LGAs listed above are considered to provide **essential services**. Attending a health care appointment is one of the reasons that individuals may leave home and allied health private practices are still permitted to operate.

It is strongly encouraged that any **non-urgent appointments, including group therapy appointments, are postponed or converted to telehealth where appropriate**. Physical distancing must be observed to the extent possible and contact information must be collected.

Hydrotherapy sessions are excluded as swimming pools that are not at a private residence are closed. This includes the use of swimming pool for rehabilitation purposes.

Restrictions for the rest of Queensland

All allied health professionals who have been in South East Queensland, Townsville, Magnetic Island or Palm Island since 6pm Tuesday 29 June 2021 are required to follow the same lockdown rules as above, even if their principal residence or place of work is outside of the lockdown areas.

Face Masks

Anyone who is in the LGAs listed above from 1am 29 June must carry a face mask at all times, unless there is a lawful reason not to. A mask must be worn in indoor spaces, including health care settings and allied health private practices.

This includes for allied health practitioners providing care where physical distancing is not possible or unlikely to be maintained for the duration of the therapy session, or for workplaces where physical distancing is not possible. There are some other exceptions to wearing face masks, including for children under 12 and people with particular medical conditions or disabilities.

If unsure, allied health professionals should wear a mask and take a commonsense approach. Further information about face masks, including FAQ's is available [here](#).

Personal Protective Equipment (PPE)

Information regarding the use and escalation of personal protective equipment (PPE) can be found on the dedicated [Queensland Health PPE webpage](#) and in the [Pandemic Response Guidance – Personal Protective Equipment in Healthcare Delivery](#).

For entities external to Queensland Health, a decision to follow recommended PPE protocols rests with the responsible Chief Executive or equivalent for that entity, except where a Directive requires use of PPE (such as for residential aged care facilities).

All impacted areas above have now been determined by the Chief Health Officer to be in the “moderate” risk category for the purposes of determining appropriate PPE.

All other LGAs remain in the ‘low’ risk category.

All health and care settings are to escalate use of PPE, including community health settings (of which allied health private practices are included).

Clinicians and non-clinical personnel who live or work in the impacted areas who also work in other facilities or areas outside the escalated LGAs should follow the requirement for escalated PPE.

Please note that this PPE guidance is additional to and does not replace the CHO Directives that have been formally issued, and for which compliance is mandatory. The PPE escalation will remain in place until notification that it has been rescinded by the Chief Health Officer.

Enquiries

Please direct enquiries to the Allied Health Professions' Office of Queensland, by email allied_health_advisory@health.qld.gov.au.