

2022 Australian Foot Health Survey



Conducted by the Australian Podiatry Association

GrowthOps surveyed 1022 Australians



Generated an online survey

This was a quantitative study, where we generated a 15-minute online survey.



Asked 1022 Australians to fill it

A sample of $n=1022$ Australians took part in this study.



Set quotas to ensure that results include a fair representation of demographics

Survey quotas were placed and data weighting has been included, to ensure data collected closely matches the age, gender, and location of the Australian population based on the latest ABS population figures.

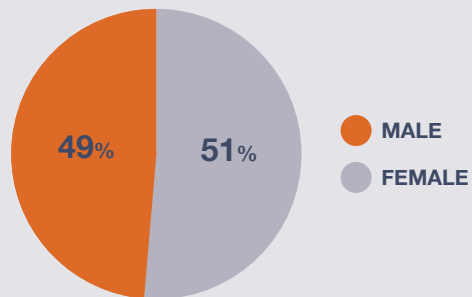


Analysed & summarised results

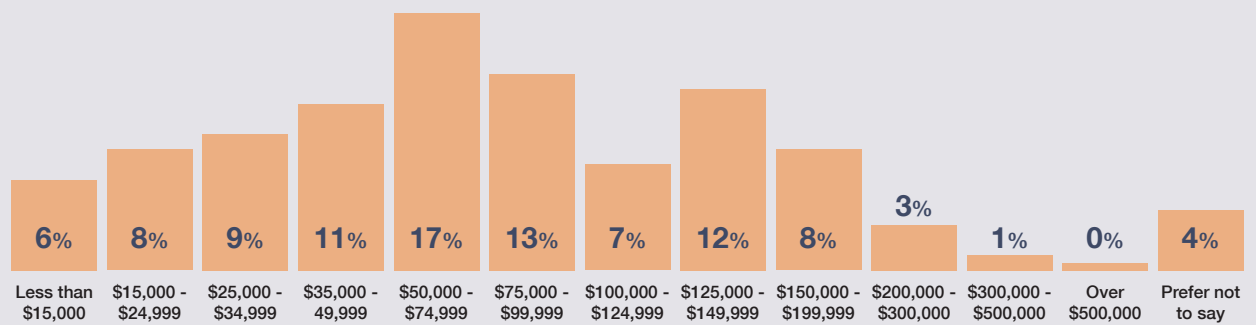
Final research results have been analysed and summarised in this report.

Key demographics

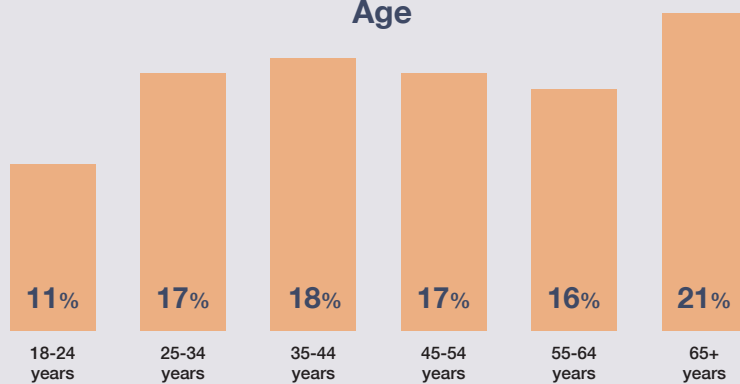
Gender



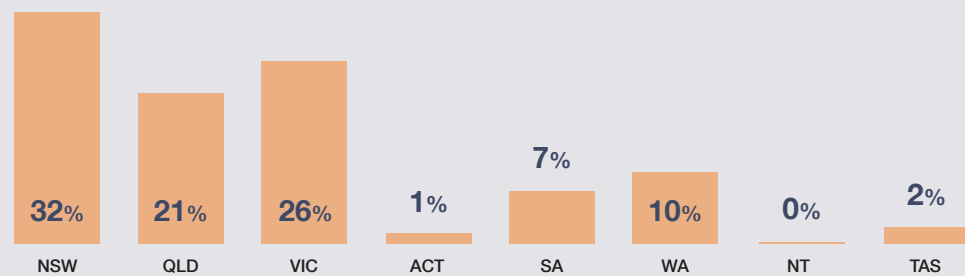
Annual Income



Age



State



5 Podiatry

11 Link to Chronic Illness

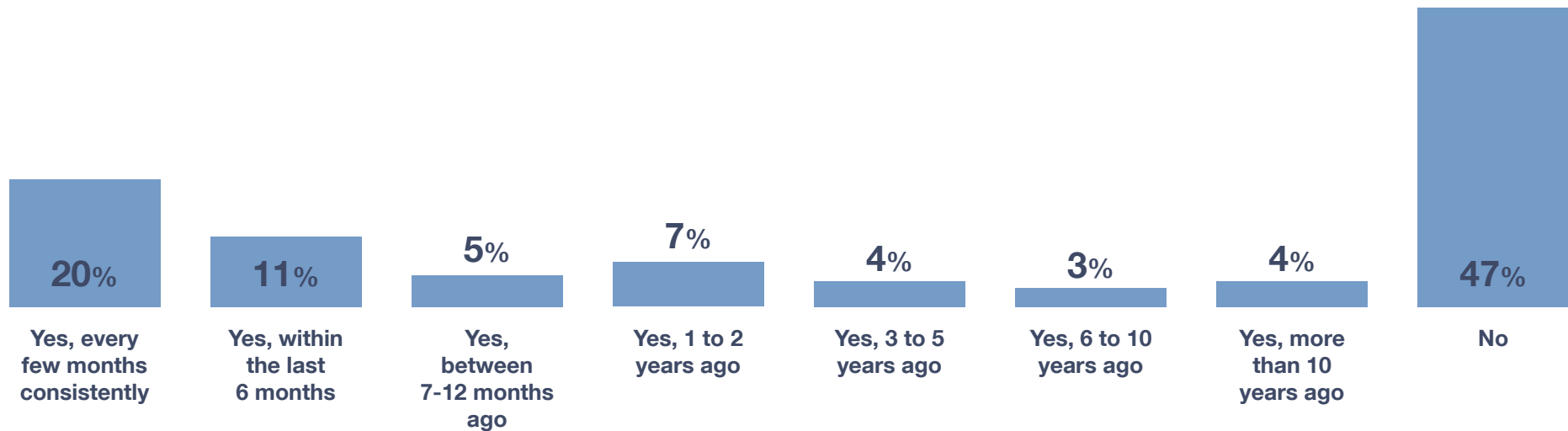
14 Foot Health

17 Foot Care

A close-up photograph of a person's legs and feet walking on a yellow slackline. The person is wearing green shorts. The background is a blurred green forest. A blue horizontal bar is overlaid on the right side of the image, containing the word "Podiatry" in white text.

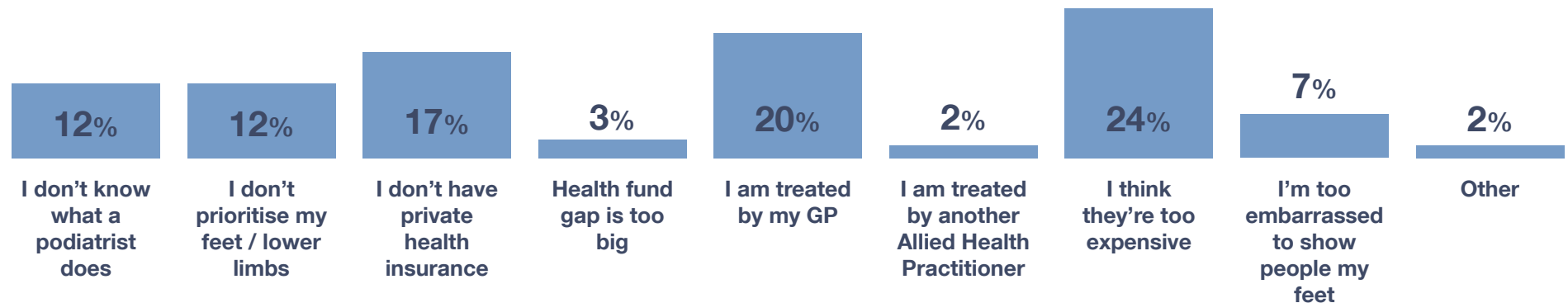
Podiatry

Have you ever seen a podiatrist?



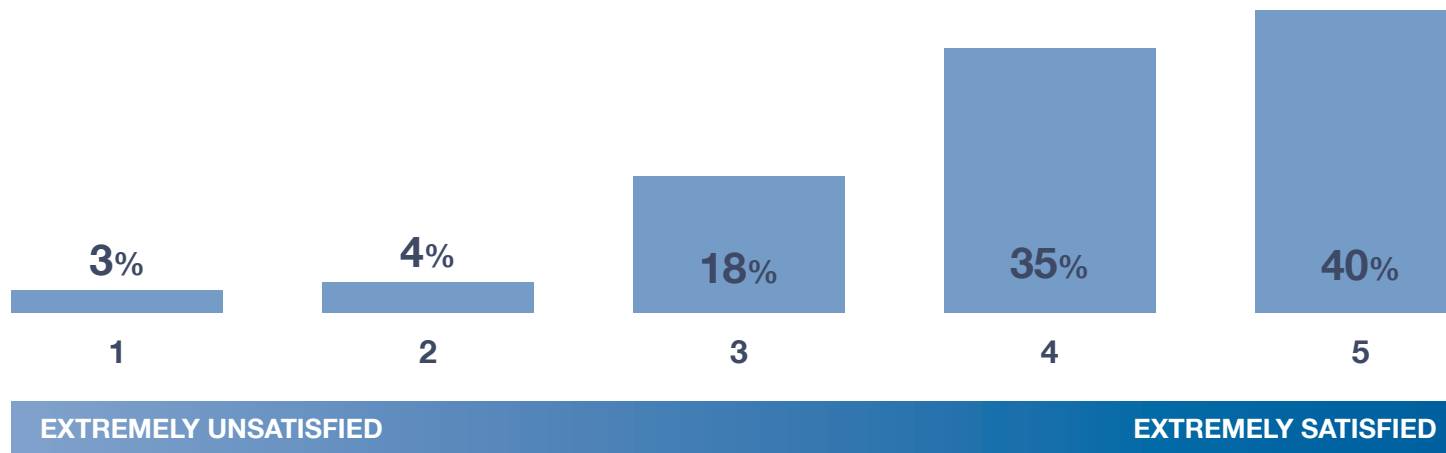
What stops you from seeing a podiatrist?

More than 1 in 10 Australians don't prioritise their feet and lower limbs, while 24% think it's too expensive



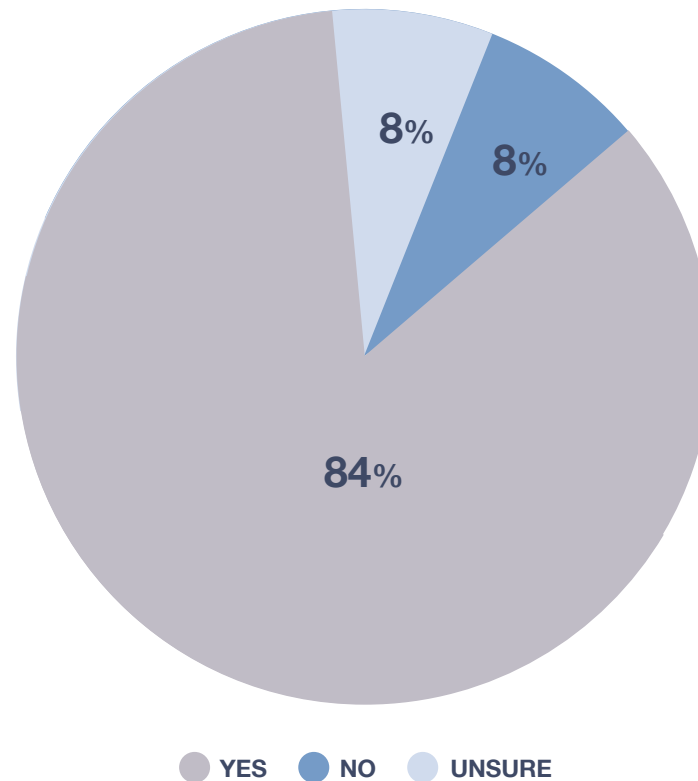
When you saw a podiatrist how satisfied were you with your care?

93% of Australians who saw a podiatrist were satisfied or extremely satisfied with their care



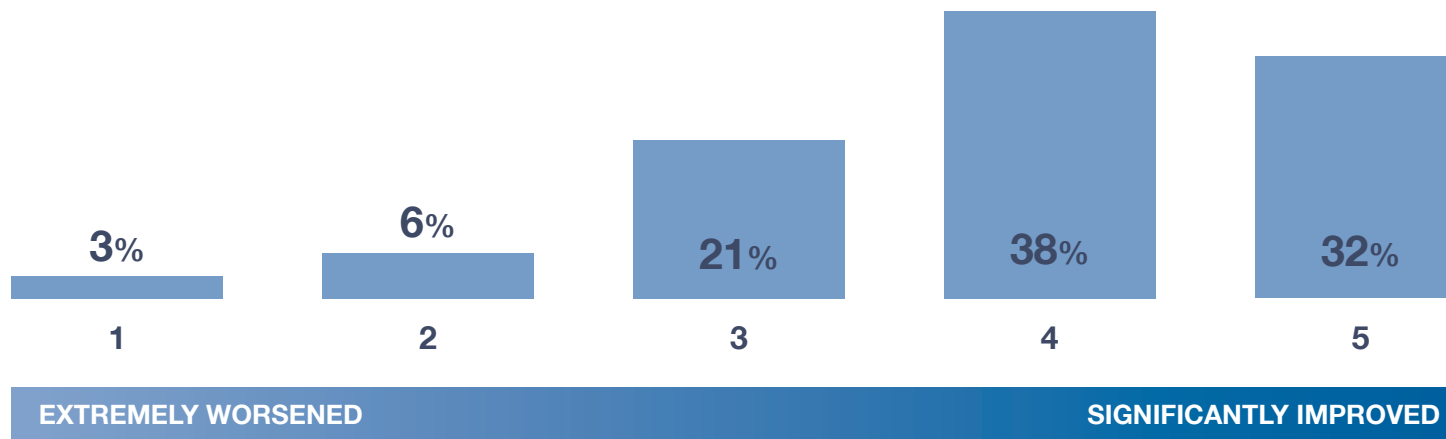
Would you recommend seeing a podiatrist to a friend or family member?

84% of Australians who saw a podiatrist would recommend based on their positive experience



Through seeing a podiatrist, how did your condition (pain and/or movement) change?

9 out of 10 Australians who saw a podiatrist for their conditions either stayed the same or improved

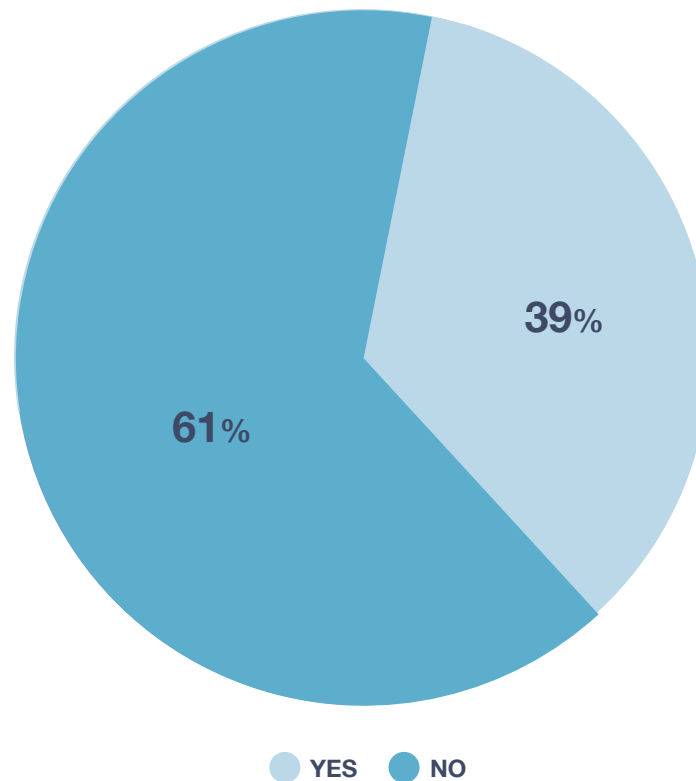




Link to Chronic Illness

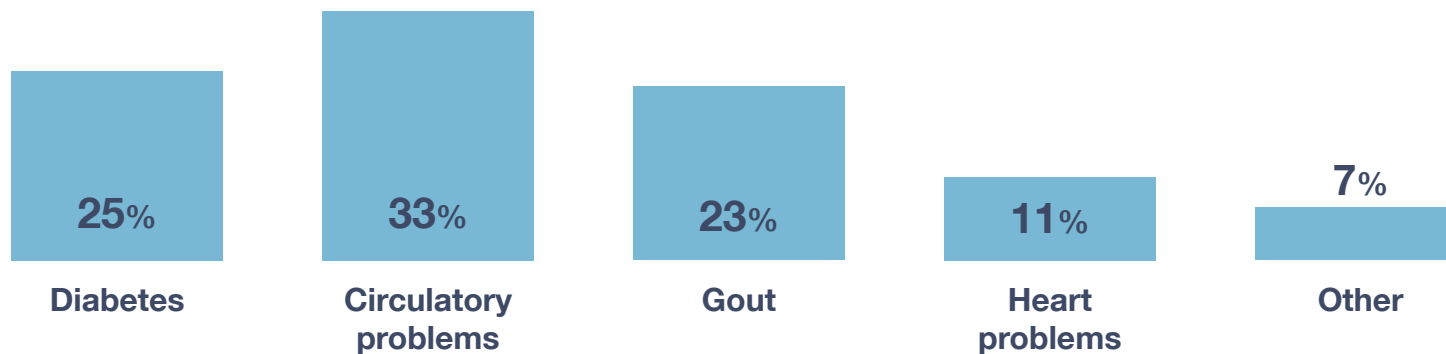
In addition to treating your foot problems, was the podiatrist able to identify any other health issues?

2 in 5 Australians who saw a podiatrist also had additional health issues identified



What other health issue/s did they identify?

Most additional health issues identified
were life threatening conditions

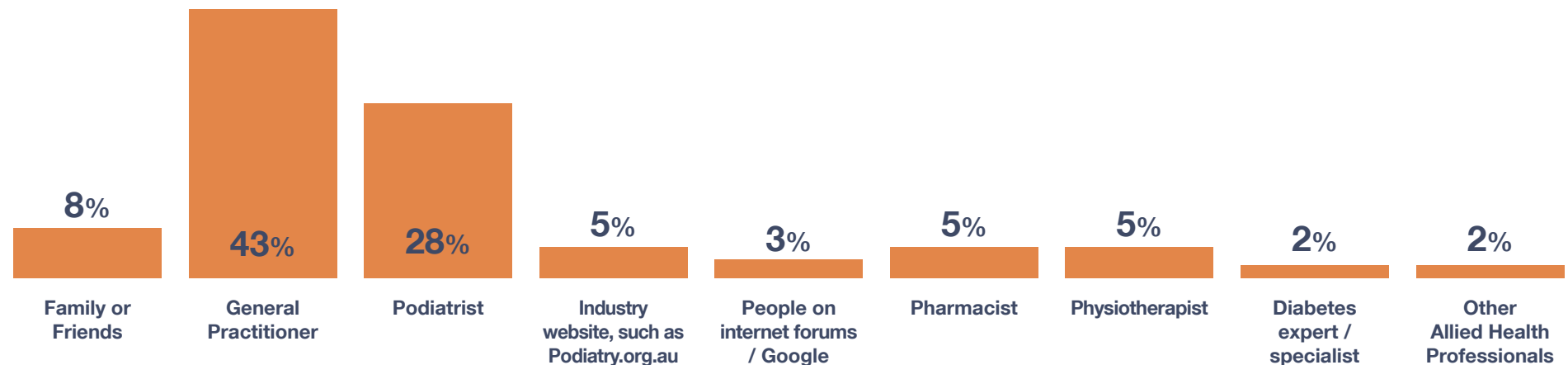


A close-up, low-angle shot of a child's legs walking barefoot on a lush green lawn. The child is wearing light-colored pants with a pattern of blue stars. An adult's leg, wearing brown jeans, is visible on the left side of the frame, partially obscuring the child's leg. The background is a soft-focus green field under bright sunlight.

Foot Health

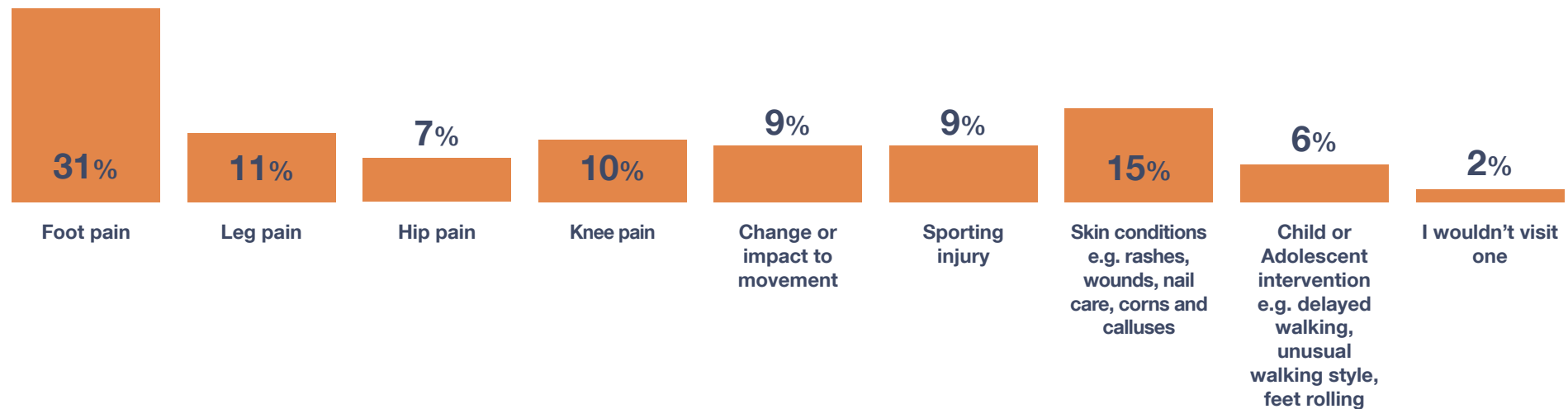
If you were to seek advice regarding foot health, who would you speak to?

Most Australians go to GPs despite podiatrists being foot health experts



Which of the following are reasons why you would visit a podiatrist?

Pain is the main reason Australians would visit a podiatrist

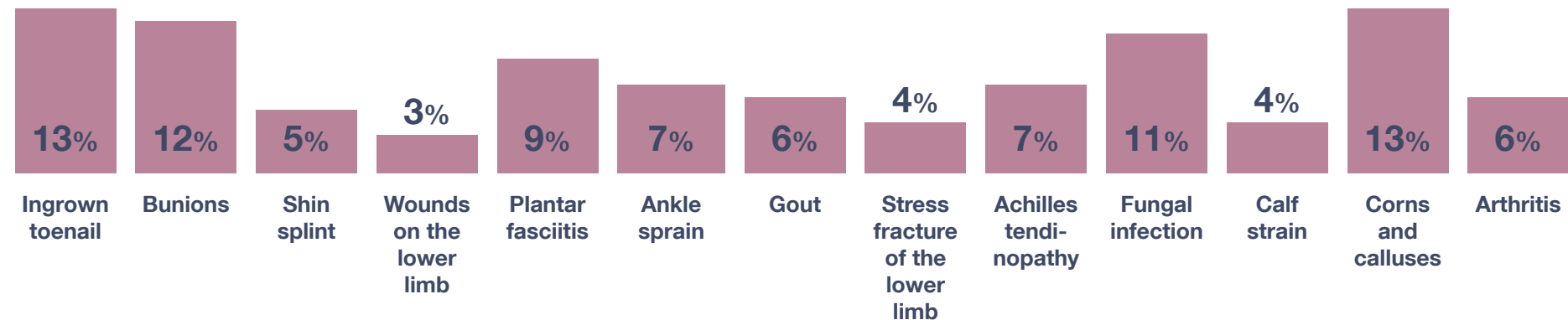




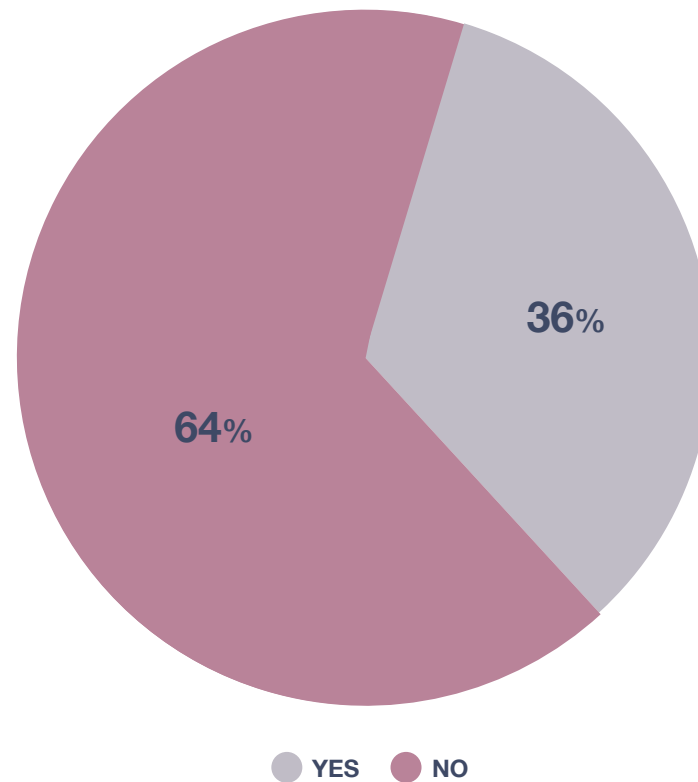
Foot Care

Which of the following do you believe a podiatrist is qualified to treat?

Most Australians are unaware of the scope podiatrists are qualified to treat

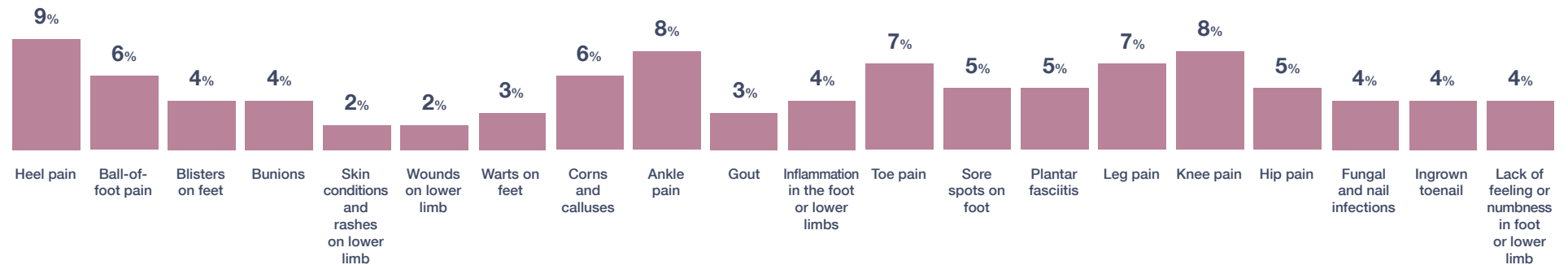


Do you suffer from foot pain or have you recently suffered from foot pain?

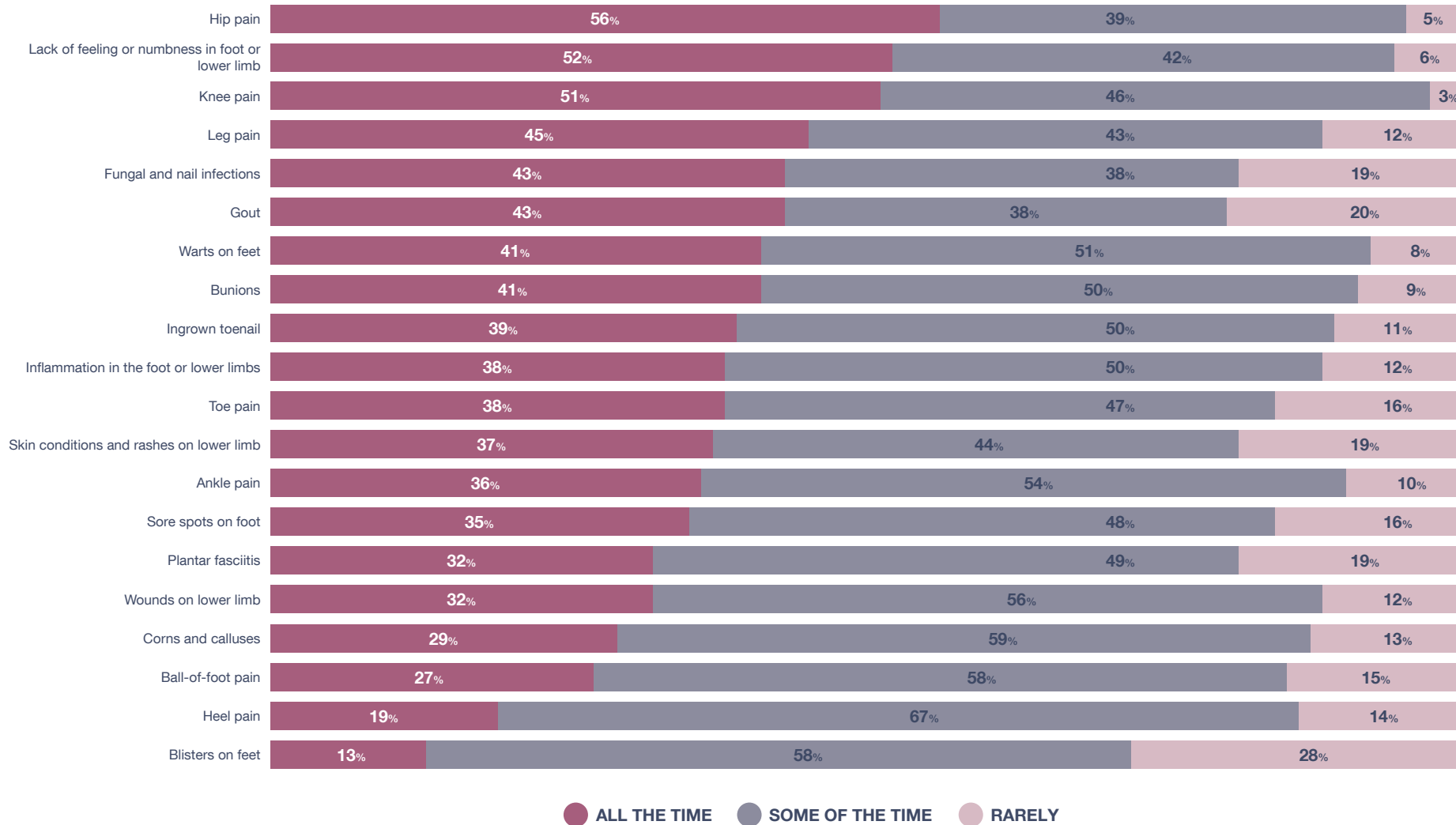


Which of the following do you suffer from?

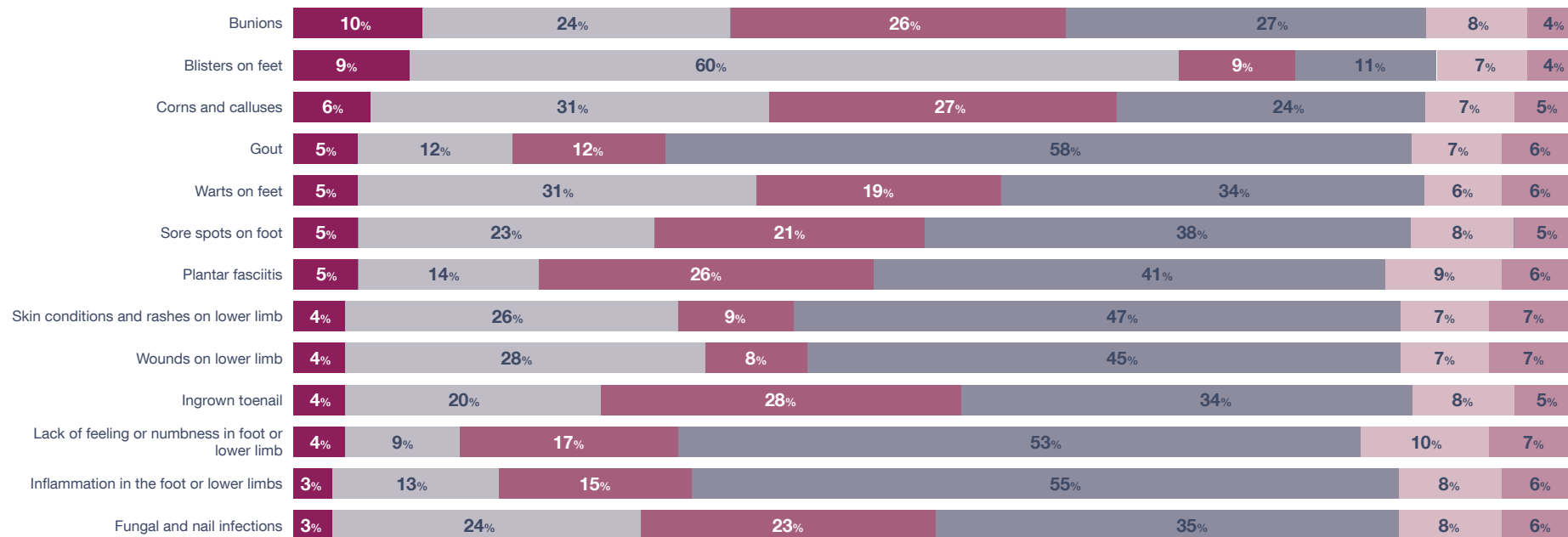
Australians suffer from a full range of lower limb conditions



How often do you suffer from the following?

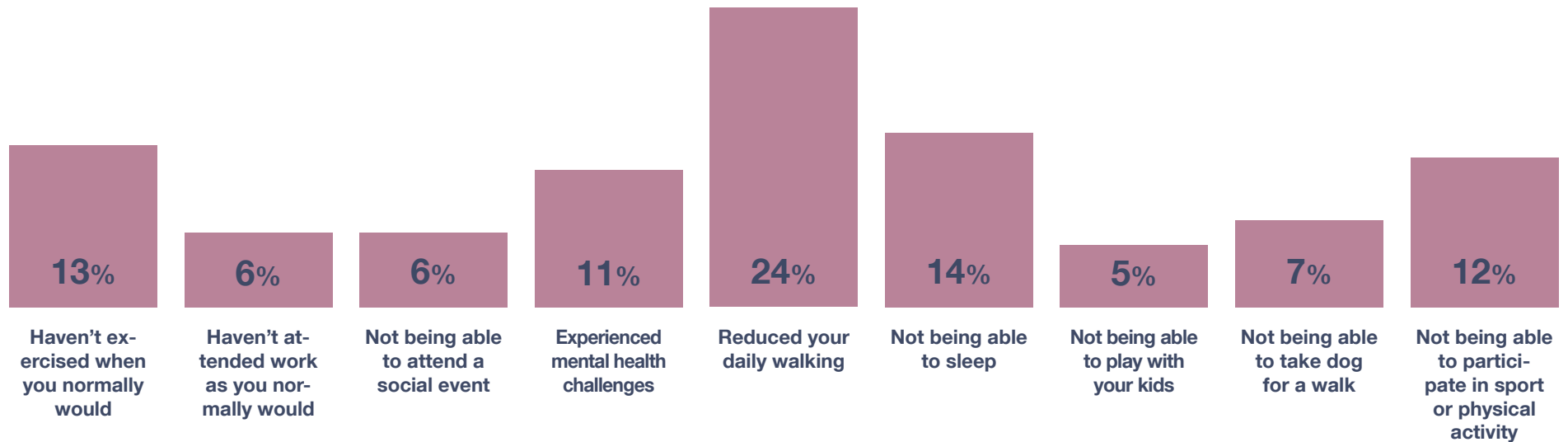


How would you attempt to treat the following foot related ailments?



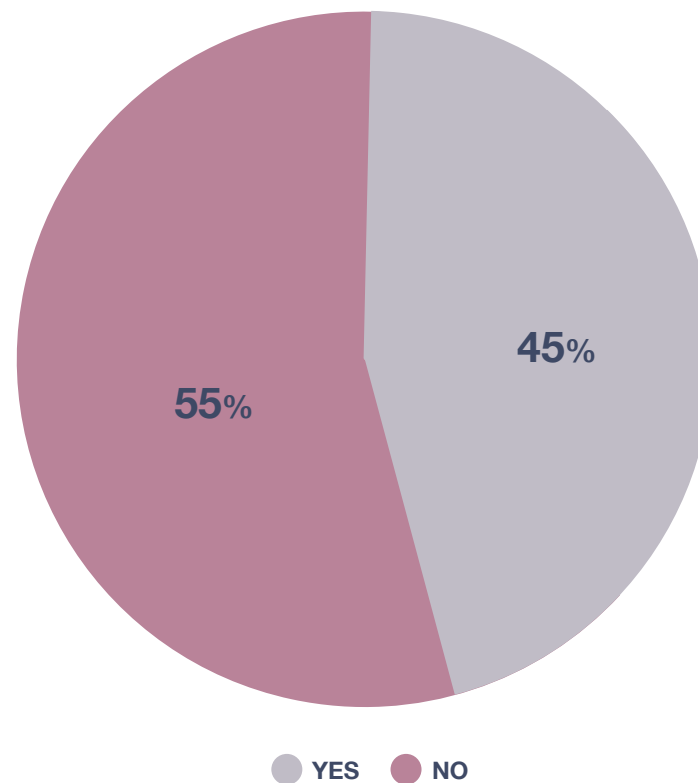
Has lower limb pain ever affected you in the following ways?

Over half of Australians have had their lives impacted negatively from lower limb pain

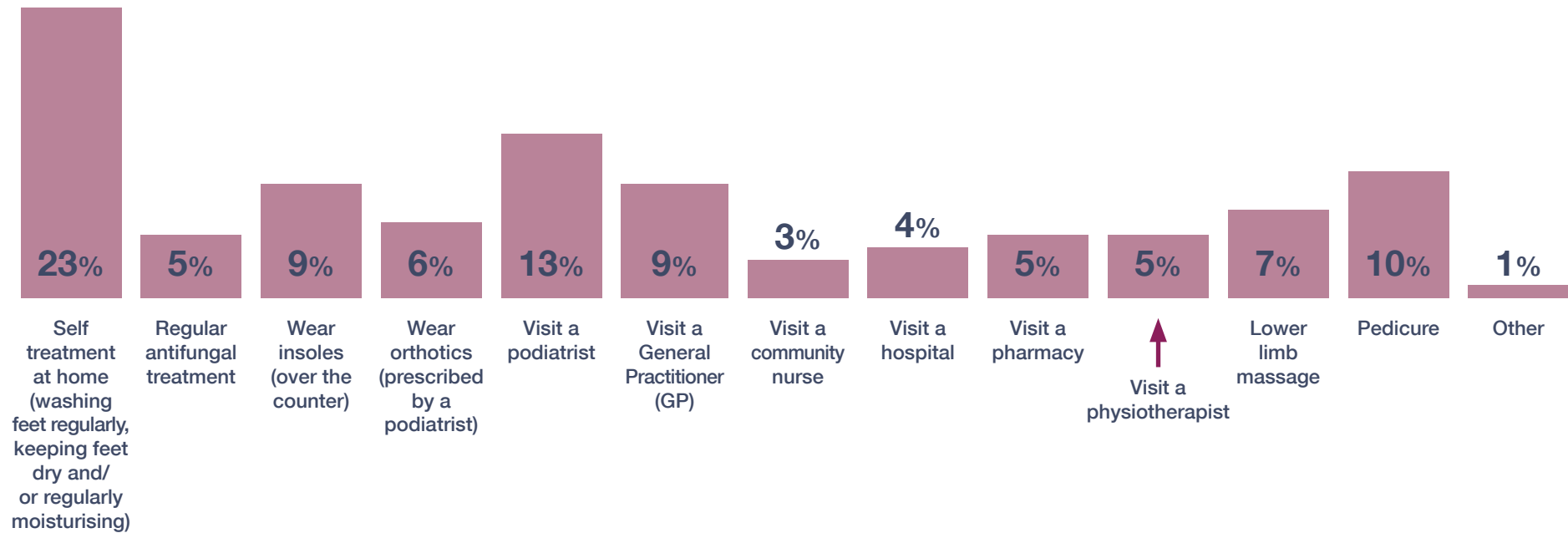


Have you ever received advice on correct footwear?

Over half of Australians have never received advice on correct footwear



How do you currently care for your feet?





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