

Flat Foot Symposium SYDNEY

Saturday 11 October 2025 | 8:30 AM - 4:30 PM | University of Technology Sydney

Time	Session	Presenter(s)
8:30 AM – 8:50 AM	Arrival and Registration	
8:50 AM – 9:00 AM	Welcome, Housekeeping, App Download for Live Interaction	Dr Abdel Kak
Paediatric Flatfoot		
9:00 AM – 9:15 AM	Working definition of flatfeet – what is normal?	Dr Haydar Ozcan
9:15 AM – 9:30 AM	The asymptomatic paediatric flatfoot – when to treat?	Dr Nick Studdert
9:30 AM – 9:45 AM	Connective tissue hypermobility	Dr Mohammed Maaraj
9:45 AM – 10:00 AM	Tarsal coalitions	Dr Abdel Kak
10:00 AM – 10:20 AM	Live Poll & Q&A: Views on treating asymptomatic flatfeet in children	
Adult Acquired Flatfoot		
10:20 AM – 10:35 AM	Tibialis posterior tendon dysfunction (PCFD) – clinical presentation	APODA Nomination
10:35 AM – 10:50 AM	STJ anatomy & dynamic changes – effects of Wolff's Law	Dr Nick Studdert
10:50 AM – 11:05 AM	Gastrocnemius equinus in PCFD – assessment & surgical techniques	Dr Ozan Amir
11:05 AM – 11:20 AM	Panel Discussion & Summary	Dr Amir, Dr Ozcan, Dr Kak
11:20 AM – 11:45 AM	Morning Tea Break	
11:45 AM – 12:00 PM	Key clinical/gait exams for flatfoot assessment	Mohammed El Bana
12:00 PM – 12:15 PM	Radiographic evaluation: Beyond Meary's Angle	Usama Fayad
12:15 PM – 12:30 PM	Live Poll & Q&A	
12:30 PM – 12:45 PM	Spring ligament – role in gait, posture & surgical repair	Dr Damien Lafferty
12:45 PM – 1:00 PM	Panel Discussion	Dr Lafferty, Dr Hungerford, Dr Studdert
1:00 PM – 2:00 PM	Lunch Break	
2:00 PM – 2:15 PM	Tri-plane deformity – assessing each plane	Dr Ozan Amir
2:15 PM – 2:30 PM	Conservative correction of tri-plane flatfoot deformity	Dr Kent Hungerford
2:30 PM – 2:45 PM	Surgical correction of tri-plane flatfoot deformity	Dr Haydar Ozcan
2:45 PM – 3:00 PM	Osteoarthritis in Stage IV PTTD – presentation & surgical treatment	Dr Damien Lafferty
3:00 PM – 3:15 PM	Post-op rehab following flatfoot surgery	Dr Abdel Kak
3:15 PM – 3:35 PM	Afternoon Break	
3:35 PM – 3:50 PM	Injection therapies for symptomatic flatfoot deformities	Dr Kent Hungerford
3:50 PM – 4:30 PM	Final Panel Discussion	