





STRONG STEPS START HERE

BACK TO SCHOOL 2026

STRONG STEPS START HERE

Every great school year starts on the right (and left) foot!

LET'S GET TYING!

GET READY

1. **Print out** one or both of the shoe templates.
2. **Cut out** the red circles to make space for your laces.
Get an adult to help if you need to!
3. **Thread** a shoe lace, string or ribbon through the cut-out holes, just like a real shoe!

GET TYING

1. Make an "X" with the laces:

- Cross one lace over the other.
- Loop the top lace across and under where the laces cross.
- Pull the same lace through the gap under where the laces cross.
- Pull both laces tight!

2. Make bunny ears:

- Loop one of the laces into a loop to look like a bunny ear and hold it.
- Loop the other lace into a loop to create the second bunny ear.

3. Tie the bunny ears:

- Cross one bunny ear across the other.
- Loop the top bunny ear across and under where the laces cross.
- Pull the same bunny ear through the gap under where the laces cross.
- Pull both bunny ears tight!